



WHERE PRAIRIE MEETS FOREST MEETS RIVER...



Assiniboia

CAMP & RETREAT CENTRE

BY Camps with Meaning

Experience, Learn, Play, Settle in!





2220 LIDO PLAGE ROAD
HEADINGLEY, MANITOBA

Camp Assiniboia is located on a scenic bend of the Assiniboine River just 17 km west of Winnipeg. We accommodate groups of 2-225 with comfortable lodging, great food and a range of recreation options. We are open year-round.

Camp Assiniboia is owned by Mennonite Church Manitoba, a community of 40 congregations. It is open to all persons. We sincerely hope you enjoy our hospitality while taking in the beauty and wonder of all God's creation.

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Rates

campswithmeaning.org/rentals

Learn more / Book a stay!

204-895-CAMP (2267)
camps@mennochurch.mb.ca
www.campswithmeaning.org
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Camps with Meaning is the camping ministry of Mennonite Church Manitoba.



Experience this place.

*From the historic banks of the Assiniboine River, to ninety-nine acres of River-bottom forest, to a prairie farm and a scenic view of our new lake — there are many places to **explore** here.*

River and Forest

This land, located on Treaty 1 territory, is the traditional land of the Anishinaabe Peoples and homeland of the Metis. It has been a source of sustenance and life for thousands of inhabitants (of the human and non-human kind) since the receding of the glaciers some 12,000 to 10,000 years ago.

With 6 km of trails to explore, guests can hike, walk, ski or snowshoe along paths that follow the Assiniboine River or journey into the heart of the forest where rich fern groves and a diversity of trees and animals make their home.

Farm

Has it been awhile since you've been to a farm? Come see our horses, rabbits and chickens. In late spring and early fall you can also visit our garden, and taste a sampling of the vegetables!

Lake

Camp Assiniboia has begun developing a 4-acre lake and beach! We have plans to develop a walking trail around the lake as well as water sport activities & swimming. Although it will take a few years to fully develop, we have started using the lake for kayaking.



Learn in new ways.

Land-based Education

You're never too old (or young) to learn something new! Whether you're with a school group or here on retreat there is much to learn through our land-based education program.

- » **Join Indigenous Knowledge Keeper Audrey Logan for a half or full day of teachings** in the lodge and along the trails on food security, growing & gathering, and the traditional use of plants for medicine and food.
- » **When was the last time you pulled a carrot out of the ground?** It's time to connect again – join us for a tour of our farm and say “hello” to the horses, rabbits and chickens!
- » Want to have some fun and do a little discovery of your own? **Give geocaching or our Nature Scavenger Hunt a try!**
- » **Ever hear of the Wood Wide Web?** It's an actual thing! Watch a short video on how trees talk, trade and share resources under our feet through a vast fungal network system.

Play

*Imaginative play, rough & tumble play, nature play, competitive play, cooperative play, social play, body play ... there's no end of ways to play and a lot of **good reasons*** why we all should do it. Here are some of the things that we offer at Assiniboia.*

Instructor-led activities:

- » High & low ropes course
- » Zip line
- » Swimming
- » Wagon rides
- » Team development games
- » Archery
- » Fall 2019 – canoeing, kayaking
- » No-ride horse activities (limited availability)
- » Horse riding (for small groups – limited availability)
- » Land-based Education tours

Self-led activities:

- » Volleyball
- » Geocaching
- » Frisbee golf
- » Gaga ball
- » Field games
- » Nature scavenger hunt
- » Indoor floor hockey
- » Hiking
- » Skating
- » Outdoor hockey
- » Cross country skiing
- » Snow shoeing
- » Indoor board & table games
- » Bonfires (all year round)!

*Play... nurtures trust, attunes us to others, helps us understand ourselves and others, fosters learning, encourages innovation, teaches us to be flexible, adaptable, resilient, it helps us with problem solving, it's good for mental health and helps you live longer!

- NATIONAL INSTITUTE FOR PLAY / nifplay.org

Settle in for an afternoon, a day or more

We have facilities for *large* groups, *small* groups ... every kind of group!

The Lodge

Overnight accommodations for 44 people, daytime gatherings up to 225

- » Large meeting and dining area with panoramic views
- » Fully staffed kitchen
- » Fireplace
- » Wheelchair accessible washroom and shower facilities
- » AV system
- » Large video screen & projector
- » Grand piano
- » Indoor games



The Homewood

Overnight accommodations for up to 12 people, daytime gatherings up to 20

- » Full kitchen (fridge, stove, microwave, toaster, plates, cups, utensils, pots, pans, mixing bowl)
- » 3 bedrooms
- » 2 washrooms with showers and 1 tub
- » Large dining and living area
- » Vaulted ceilings
- » Mezzanine area with futon
- » Post & beam white pine timber



Oak Grove Family-Style Cabins

Max 10 people per cabin
- 4 cabins available

- » Kitchenette (mini fridge, hotplate, toaster microwave, plates, cups, utensils, pots, pans, mixing bowl)
- » Fireplace
- » Living room
- » Separate sleeping area
- » Screened in Porch
- » Wheelchair accessible washroom with shower in each cabin



Mini Conference Centre

Overnight accommodations up to 24 people and daytime gatherings up to 35

- » Meeting room
- » Two separate sleeping accommodations for up to 12 people each
- » 4 wheelchair accessible washrooms with showers
- » Kitchenette
- » Projection Screen
- » Piano
- » Whiteboard



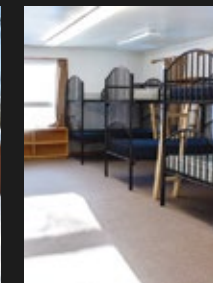
Douglas Fir

- » Overnight accommodations up to 6 people
- » Kitchenette
- » Small living room/dining area
- » Separate sleeping area
- » Wheelchair accessible washroom with shower



Double Cabins

- » Overnight accommodations up to 32 people
- » 2 wheelchair accessible washrooms with shower



Food options

Self-provided

If visiting for the day, you can bring your own bag lunch. Some of our overnight facilities (Homewood, Oak Grove cabins) have full kitchens or kitchenettes.

Catering Services

For groups of 25 or more – we offer full food service (breakfast, lunch, supper and snacks). Our menu is varied, delicious and geared to all ages and tastes. We also have special menu items that accommodate common food allergies and sensitivities. Just ask us or visit our website for menu options and prices! For weddings and other special occasions ask about our banquet menu options.



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