



- Sleeping bag and pillow (Maybe a bed sheet as well)
- Sufficient clothing for 1 week e.g., 2-3 long pants, 3-5 pairs of shorts, 2-3 sweatshirts or warm outerwear
- Appropriate number of t-shirts, socks, underwear, pyjamas for the week
- Swimsuit and Beach towel (No string bikinis or speedos please)
- Footwear for active wear. Closed-toe shoes for archery and forest exploration
- Personal items: comb or brush, toothbrush, soap, shampoo, deodorant, face cloth, towel, personal hygiene items
- High quality sunscreen
- High quality insect repellent
- Bible, modern translation preferred (optional, we will have extra available on site)
- Hat
- Water bottle
- 2 large garbage bags (1 for dirty and wet clothes, 1 for camp-out, Camp out excluded for Pre-Juniors)
- Back pack to carry clothes ect. to the lake and back and for overnight campout
- **Medications:** All camper meds will be kept with and dispensed by the Health Officer. Please label with the camper's name
- Optional: flashlight, watch/clock, money for camp purchases (t-shirts, water bottles, tubees), face mask-optional for indoor activities

Please note: We expect campers to wear clothing that they can be active in and get dirty. Please do not wear clothing that is revealing or have inappropriate messages on them.

Please do not bring extra food: daily snacks are provided. Please leave behind all electronic devices including cell phones, or electronic games; as well as water guns, knives, hatchets, and jewelry.